

Meet the Instructors



KEISUKE KOMADA

Over 23 years – twirling since he was 5 years old!

Baton Twirling Accomplishments:

- 2002-2006 Jr. Men World Baton Twirling Champion
- 2012, 2014, 2016 Sr. Men World Baton Twirling Champion
- 2010, 2012-2015 Japanese Grand National Champion in Solo
- 2012-2016 Japanese Grand National Champion in 2-Baton
- 2014-2016 Japanese Grand National Champion in Freestyle



SARA BLACK

Sara started twirling when she was 4 years old. Over the 14 years she twirled she had the opportunity to work with many amazing coaches, but mainly under the direction of Loren Dermody.

From 2011 to 2014 she was the Grand National Champion in Solo and 3-baton and in 2-baton from 2011-2013. During her baton career she attended 3 international cup competitions and 3 World championships as a freestyle athlete, where she placed 5th as a junior and 12th as a senior.

Since retiring from competing in 2014, she has completed a bachelor of science in Geology and fills her spare time with fitness, hiking, and coaching. Baton has blessed her with many skills and friends and she is excited to be back in the gym coaching the next generation of amazing twirlers.



CORY ARCHER

Announcing our very own, Cory Archer as one of our very talented instructors that will be on staff for the 2019 ABTA Fall Workshop! We are so excited to have Cory with us and share his love of twirling with all our Alberta athletes!

Cory has been involved with baton twirling for 24 years. Competing from 1997-2007 and 2014-2015. He was coached by Loranne Meek and Loren Dermody for the majority of his competitive career. He has won numerous Provincial, Canadian, and Grand National Championships including Canada's first Grand National Three Baton Championship. Cory had also represented Canada 7 times at the World Championships and International Cup. He has medals in Junior Freestyle (Bronze 2005), Senior Pairs with Jenna Jemieff (Bronze 2007) and in 2006 achieved a first for Canada winning the Gold in Senior Three Baton (A/elite). Cory now lives in Canmore, Alberta. He still enjoys performing and teaching baton whenever he can!



KARRISSA WIMBERLEY

USA World Team Member for both USTA and NBTA over 20 times

NBTA World Champion Solo, Two Baton, Rhythmic Twirl, Duet - Bronze medal strut

WBTF International Cup Adult Elite Solo, Two Baton, Artistic Twirl Gold Medalist

World Champion Team member 2005 (Syndication)

2 time Senior Women's Freestyle Silver Medalist

Teenage and College Miss Majorette of America

NBTA 10 time Grand National Twirling Champion and Two Baton Champion

USTA Grand National Solo, Artistic & Two Baton Champion numerous years

Karrissa loves being creative and coming up with new things. Some of her favorite things to teach are novelty tricks, and she really love creating speed challenges! She also LOVES playing baton games, anything to keep people laughing and having fun with the sport.

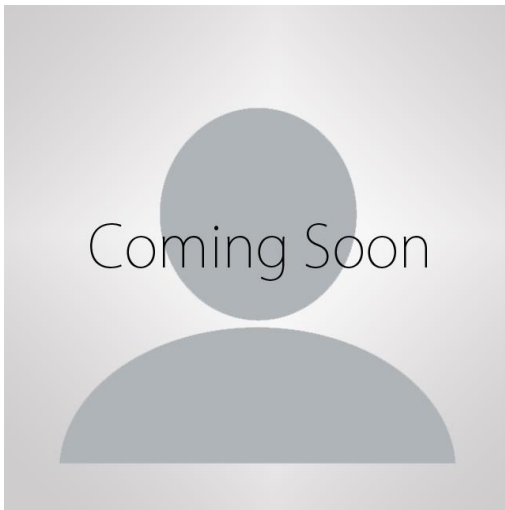


JASMINE RUNGE

Jasmine started twirling when she was 4 years old with Maureen Johnson at the Sundown Optimist Buffalo Gals in Regina. Some special awards she has received over the years of twirling are the junior, senior, and overall athlete of the year. Junior and senior challenge cup winner. Multi time solo, 2 baton, 3 baton, and duet grand national champion. Although, the most special award to her is the Sharon Holiday Sportsmanship award which she received in 2017. She has also been a finalist for the Saskatchewan youth female athlete of the year sport wide.

Over the years she has taken, tap, jazz, ballet, acro, point, lyrical, hip hop and gymnastics as well as her twirling. She has been on the world team since 2011 and have been two 8 International cup/world champions. Some of her accomplishments from worlds are top 13 in junior and senior freestyle at worlds. She has 7 gold medals and 6 bronze medals from international cup from a variety of events.

Her new thing now is twirling for the University of Regina and she also is twirling for the CFL team the Saskatchewan Rough Riders!



NATALIE FEHRES

Bio coming soon